

PROCLAMATION

Mental Health Awareness

WHEREAS, our society, already stressed over inter- and intra personal issues, would benefit from an awareness of Mental Health, as demonstrated by the effects of 9/11; and

WHEREAS, people need to recognize the difference between the lack of Mental Health and the process of creating Mental Health; and

WHEREAS, cultivating this awareness could help people avoid the consequences of untreated anxiety, untreated depression and physical deterioration; and

WHEREAS, the clearer a person's thought process is, the more opportunity he or she has to deal with and grow beyond the stressors, and thus help to prevent the occurrence of DOMESTIC VIOLENCE, CHILD ABUSE and FAMILY INSTABILITY; and

WHEREAS, focusing and preparing for Mental Health Awareness can help transform a perception of emotional deprivation and vulnerability into a perception of emotional prosperity and effectiveness; and

NOW THEREFORE BE IT RESOLVED THAT I, Craig Dirksen, Mayor of Tigard, on behalf of the entire City Council, am pleased to join with the American Mental Health Councilors Association (AMHCA) and the Oregon Mental Health Counselors Association (OMHCA) and do hereby proclaim:

May 2004 as

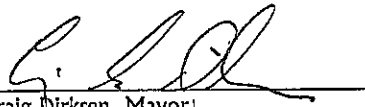
The Month of Mental Health Awareness

and that the week from May 2, 2004 to May 8, 2004 be designated as

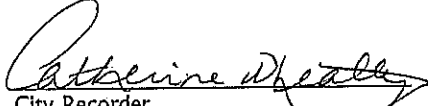
Mental Health Counseling Week

Dated this 27th day of April 2004.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Tigard to be affixed.


Craig Dirksen, Mayor
City of Tigard

Attest:


Catherine Wheally
City Recorder

